

Magnuson Dental Design

DECAY TREATMENT PROTOCOL

Carifree is a two-part treatment rinse designed to kill bacteria that causes decay. It has an increased pH level (basic) to offset the acidic condition of the decay infection.

TREATMENT RINSE- Use **twice** daily following brushing.

1. Shake each bottle
2. Combine 5ml of bottle A with 5ml of bottle B. This is equivalent to 10ml. Use plastic cup provided (**Do not use individually**)
3. Swish vigorously for 1 minute – spit out (**Do not swallow**)
4. Do not eat or drink anything for 30 minutes
5. Continue using until both bottles are gone (About a 15 day supply)

MAINTENANCE RINSE- Once you have completed the Treatment Rinse regimen, begin using the Maintenance Rinse.

1. Use twice a day
2. Swish 5ml for 1 minute – spit out (**Do not swallow**)
3. Do not eat or drink anything for 30 minutes
4. Continue using until bottle is gone (About a 30 day supply)

These rinses help create a healthy oral environment that helps prevent decay.

PreviDent Gel or Toothpaste

Once you have completed the Maintenance rinse regimen, begin using PreviDent. This is a brush-on fluoride gel (or concentrated fluoride toothpaste). After your regular nightly brushing routine, brush on PreviDent gel (or replace your regular toothpaste with the prescription PreviDent toothpaste). Spit excess out. Do not rinse. Go to bed.

Use of Spry Gum www.sprygum.com

Xylitol is a naturally occurring sugar that not only doesn't cause cavities, it help to prevent them and repair decalcified teeth.

The bacteria in plaque can not eat Xylitol so the plaque levels decrease.

When the acids in the mouth are reduced, the minerals in the saliva reharden decalcified tooth structure (white spots and beginning decay).

3-8 pieces should be chewed daily, immediately after a meal, snack or drink.